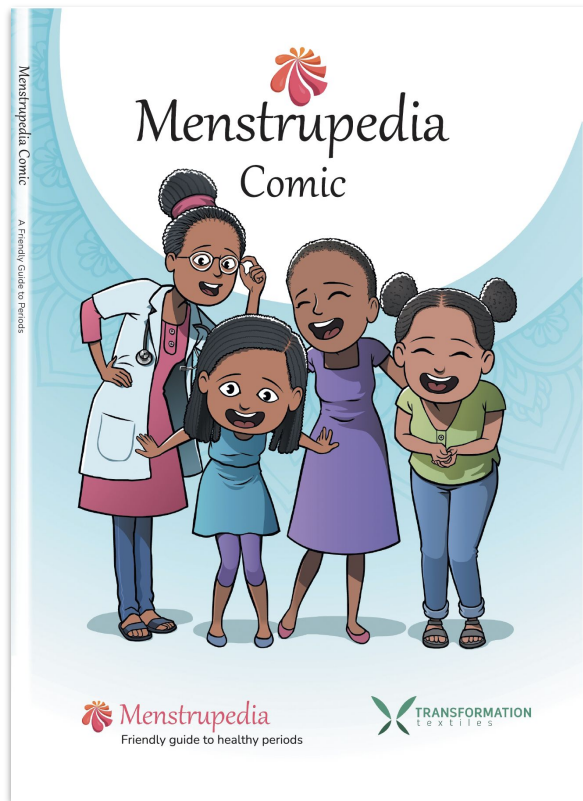




What makes this book great?

The essential puberty guide for every girl



Full of practical guidance based on real-life stories.



Well-researched and medically-accurate content.



Culturally-sensitive for the comfort of parents and educators.



Available in English or Arabic.

Comic specification:
88 Pages & Paperback
For 9 years and above

[READ THIS COMIC](#)

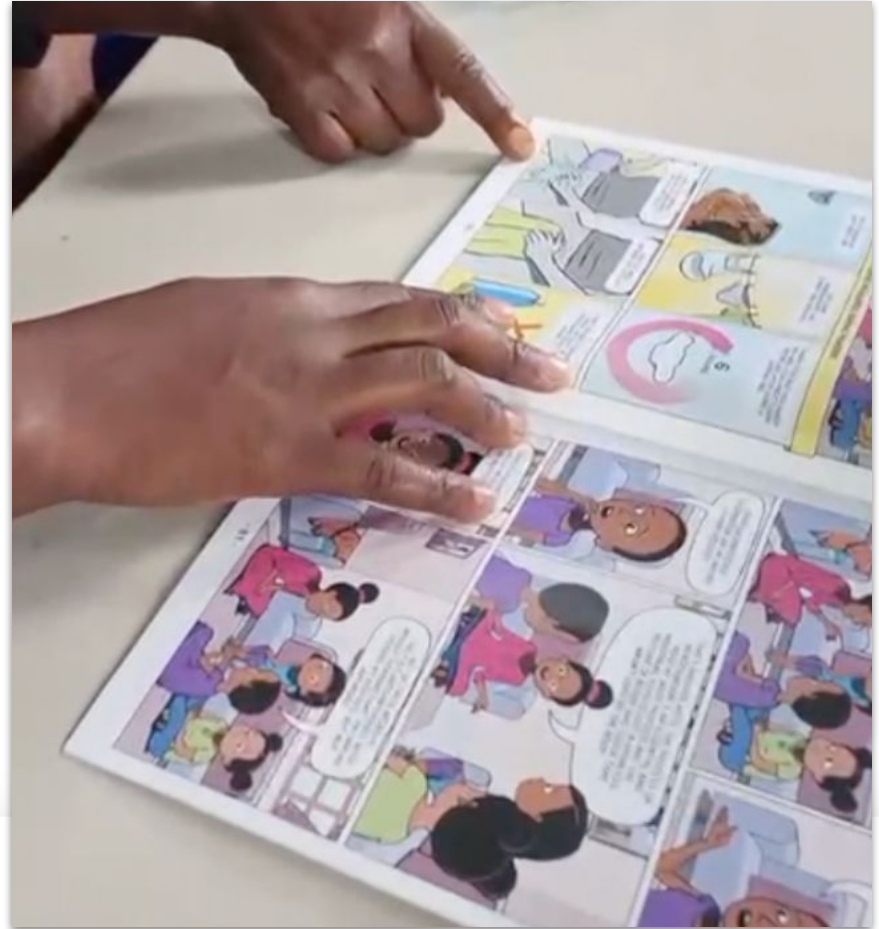
Available for purchase inquire about our bulk discounts for training programs

Looking for an Easy Way to Teach Your Daughter about Periods?

Menstrupedia Comic Answers all the questions that your daughter might have about her body and periods in the most caring and fun way.

3 million parents trust this comic.

[READ THIS COMIC](#)



Why this Book?



Your daughter will love the stories, cartoon characters and beautiful drawings in the book.



No objectionable drawings, so that you can be comfortable discussing the topics in the book.



The content in the book is medically accurate and reviewed by an expert gynecologist.

Topics covered



Physical and
emotional changes
while growing up



Nutrition



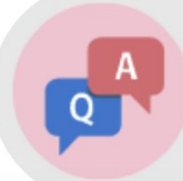
Menstrual cycle
and the physiology
of menstruation



Tracking the
menstrual cycle



Hygiene and taking
care during periods



Myth-busting
and Q&A



RACHEL STARKEY
Master Trainer, Founder of
Transformation Textiles



POOJA PRIYAMVADA
Mother, Writer



MELINDA GATES
Co-Chair, Bill and Melinda Gates
Foundation

“

As a Menstrual Health Trainer of Trainers for over 15 years across multiple countries, I've never seen a tool as effective as Menstrupedia. It's essential for every menstrual health educator.

“

I bought Menstrupedia for my girl when she was just 6, she loved it and understood it. Now she recommends it to all her friends. This is not just a book, it is a revolution made simple and accessible.

“

This is a great creative solution to a tough cultural challenge.

Menstrupedia's Puberty Guides are Heavily Subsidized

For NGOs, Government,
CSR and Schools





Printed copies are available for purchase in Egypt
300 EGP each. Contact sales via whatsapp +01229266603

[READ THIS COMIC](#)

Subsidized pricing available for Trainer of Trainers or organizations, when you inquire on purchases greater than of 25 copies.

TITLES AVAILABLE IN EGYPT:
ENGLISH
ARABIC